

# Jungle and Reef Adventure: Lamanai and Ambergris Caye

## *Example itinerary*

### Day 1

- **Arrive in Belize City and cruise the New River to Lamanai Outpost Lodge** – The lodge is situated on the bank of a 28 mile long spring-fed lagoon amidst the remnants of a major Mayan city. It is surrounded by an amazing variety of habitats that allows unsurpassed nature-based activities to depart right from your cabaña's doorstep. This will be your home for the next four nights.
- **Nocturnal spotlight tour** - See the eyes of Morelet's crocodiles, tree frogs, bats and other creatures of the night.

### Day 2

- **Morning Lamanai Ruins tour** - Explore the mysterious jungle-shrouded temples of a once-powerful 3000 year old civilization.
- **Afternoon nature tour** – Lamanai has some of the best birding in all of Central America, as well as over 50 species of mammals and numerous reptiles, amphibians, insects and plants.
- **Evening frog survey** - Participate in frog and toad monitoring and quickly learn how to distinguish the dozen local species by call as well as appearance.

### Day 3

- **Research the five wild cats in the area** – Roam the jungle in search of jaguars, pumas, ocelots, jaguarundis and margays, and participate in Lamanai Field Research Center's wild cat conservation project by checking camera traps.
- **Research the Morelet's crocodiles** – Hop on an airboat to witness the capture of a Morelet's crocodile and assist in collecting data that will help further the understanding of this endangered reptile.

### Day 4

- **Morning nature tour of your choice** – Choose to go on a nature hike searching for Howler monkeys, gorgeous butterflies and orchids or take out a canoe for a rejuvenating paddle.
- **Afternoon turtle research** - Your naturalist guide will show you Lamanai Field Research Center's ongoing turtle research happening at the lodge and this evening you will try to find the critically endangered Central American river turtle, locally known as the hicatee.

### Day 5

- **Scenic flight to Ambergris Caye** – You will spend three nights at Ambergris Caye, the largest island in Belize and the northernmost part of the Belize Barrier Reef, second in size only to Australia's Great Barrier Reef.
- **Relax at beachfront Belizean Shores** - Grab a fruity beverage, lounge by the pool, or stroll along the beach. You may cross paths with a Green Iguana or Striped Basilisk, so keep your eyes peeled as all sorts of wildlife can be found on Ambergris Caye.

## Day 6

- **See Manatees** – Visit the Swallow Caye Wildlife Sanctuary, where the endangered Antillean Manatee thrives.
- **Snorkel on the barrier reef with tropical fish and seahorses** – Explore the reef, one of the most diverse ecosystems nature has to offer, composed of thousands of species of coral, fish, plants, invertebrates, and microorganisms.
- **Snorkel at Caye Caulker** – Watch friendly Nurse Sharks and Southern Stingrays circle around looking for small invertebrates to munch on. They come quite close and are harmless to humans.

## Day 7

- **Day of leisure in your tropical paradise** – Soak up the sun and enjoy your last full day in paradise. You may opt to visit San Pedro town for lunch or dinner at the popular Wild Mangoes or a local favorite Mickey's Place. Maybe you didn't get your fill of snorkeling yesterday and want to visit Hol Chan Marine Reserve and Shark Ray Alley for more up close encounters with Nurse Sharks and Southern Stingrays.

## Day 8

- **Return home** – A water taxi will meet you at the dock to take you back to San Pedro for your flight to Belize City.

